ABSTRACT OF THE DISCLOSURE

An anchor for positioning in an opening of a surface includes a first generally flat portion having a slot formed therein, the slot having a longitudinal centerline; a second generally flat portion having a slot formed therein, the slot having a longitudinal centerline coincident on a line with the longitudinal centerline of the slot of the first flat portion, the second generally flat portion including at least one opening formed therein that defines an attachment ring; a hinge that connects the first and second flat portions at ends opposite open ends of the slots; a latch rotatably connected to the first flat portion; and a pin for releasably connecting the latch to the second flat portion to thereby secure the anchor in an unfolded position.

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